

ANNUAL REPORT OF WOMEN CELL

PERIOD: 2022-23



KHERAJKHAT COLLEGE

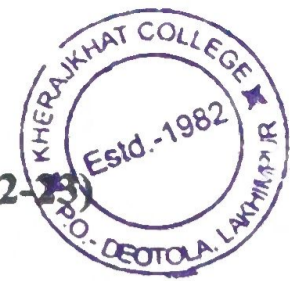
(Affiliated to Dibrugarh University)

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P.O.-DEOTOLA, LAKHIMPUR-787033 (Assam)

E-mail: kherajkhatcollege7@gmail.com

Website: www.kherajkhatcollege.co.in



A Report on the Executive meeting of the Women cell (2022-23)
Venue: Kherajkhat College Conference Hall
Date:16-12-2022

An executive meeting of the Women cell of Kherajkhat College was held on 16-12-2022 at college Conference Hall. The meeting was presided over by the president of Women Cell. A total of around 10 members were present in the meeting. The Co-ordinator of the women cell explained the objectives of the meeting. A discussion was held about the programmes to be organised in the coming days.

As per discussion on the agenda the following resolutions were taken-

1. To organize an awareness programme on the topic "Nutrition and Balanced Diet" The members of the women cell decided to invite Mr. Purna Kt. Borah as the resource person.
2. All the members of the cell decided to celebrate "International Women's Day" on 8th March 2023.

The meeting concluded with a vote of thanks to the chair for her guidance and to all members for their active participation.



(Executive meeting the women's cell on 16/12/2022)

Shikha Rani Bhuyan
President
 President
 Women Cell
 Kherajkhat College

[Signature]
Principal
 Kherajkhat College, Deotola
 Lakhimpur, Assam

[Signature]
Co-ordinator
 Co-ordin
 Women Cell
 Kherajkhat college





Report on the Awareness Programme on "Nutrition and Balanced Diet"

Venue: Hall 1

Kherajkhat College

Date: 18-02-2023


An awareness programme was held on 18-02-2023 organised by the Women cell with the title "Nutrition and Balanced Diet".

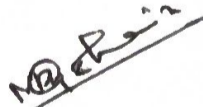
Objectives


1. To promote awareness about the importance of healthy eating habits.
2. To encourage healthy eating habits among Students.
3. To understand the role of a balanced diet in maintaining good health.

The programme was presided over by the president of women cell. The objectives of the awareness programme was explained by the co-ordinator. A total of 150 took participation in the programme. Resource person Mr. Purna Kt. Borah delivered a valuable speech. In his valueable speech, he said good nutrition builds a strong immune system, sharp mind and healthy body. In conclusion, he menntioned nutrition and balanced diet is essential for maintaining overall health, supporting growth and preventing diseases.

The Programme concluded with a vote of thanks delivered by the Co-ordinator of the women cell, expressing gratitude to all participants and Resource Person for making the event a grand Success.


Shikha Rani Bhuyan
President
Women Cell
Kherajkhat College


Principal
Kherajkhat College, Deotola
Lakhimpur, Assam


(Dr. Dukhmoni Saikia)
Co-ordinator
Women Cell
Kherajkhat college





Report on the celebration of "International Women's Day"

Venue: Kherajkhat college.

Date: 08-03-2023

Organized by: Women cell

International Women's Day was celebrated on the 8th March 2023, with great enthusiasm at Kherajkhat College. This year the celebration revolved Street play on "Dowry Prohibition " performed by the women cell. The aim was to raise awareness on social evil of dowry that still persist in many parts of India despite being legally prohibited. The message through this programme was to "Say No to Dowry, Say Yes to Dignity".

The main objectives of the street play was -

1. To eliminate the practice of dowry and promote equality between men and Women.
2. To protect women from harassment, cruelty and violence related to dowry demands.
3. To create social awareness against the evil practice of dowry.

Dowry is a major obstacle to gender equality and women's dignity & Every citizen must take responsibility to ensure marriages are Based on love respect and equality - not wealth. or material gain.

The programme concluded with a vote of thanks to all members and audience.



(A Street play on "Dowry Prohibition " performed by the women cell.)

Shikha Rani Bhuyan
President
Women Cell
Kherajkhat College

M. S. S.
Principal
Kherajkhat College, Deotola
Lakhimpur, Assam

(Dr. Gulmoni Saikia)
Co-ordinator
Women Cell
Kherajkhat college

